



## HOMETOWN HEROES

PORT PERRY MOTHER GRATEFUL TO THE HOSPITAL THAT HELPED SAVE HER SON'S LIFE

Stephanie Barker faced a mother's worst nightmare when, at just two weeks old, her newborn baby Jack suddenly fell seriously ill. But thanks to the team at Uxbridge Hospital, part of Oak Valley Health, and the vital medical equipment donors like you have helped support, that nightmare eventually turned into her greatest miracle.

"One evening after his two-week appointment, Jack began acting fussy and developed a weak cry," recalls Stephanie, a lifelong area resident. "At first, we thought he was dehydrated from not eating well, but his condition only worsened. Before I knew it, Jack was limp in my arms. In a panic, we immediately called an ambulance."

With time of the essence, Jack was rushed to the nearest emergency department at Uxbridge Hospital, where the team jumped right in from the get-go to help her baby boy. "The team was all hands on deck, working tirelessly to care for Jack while keeping in close communication with my husband and I about what was going on during our most stressful night. We felt he was in good hands."

Jack's care was led by nurses Rebecca Donnelly, Evelyn Enriques, Melissa Morton, Anne Patterson and Allison Slapkauskas, physicians Dr. Sonali Mohile, Dr. Natalie Munn and Dr. Ryan Tong, and even Chief of Staff and Stephanie's own family physician Dr. Carlye Jensen. Once resuscitated, Jack was found to be suffering from cardiogenic shock, preventing much-needed oxygen from reaching his vital organs. But with critical equipment available to them thanks to donor funding, the team had what they needed to stabilize him until he could be transferred to Toronto's SickKids Hospital.

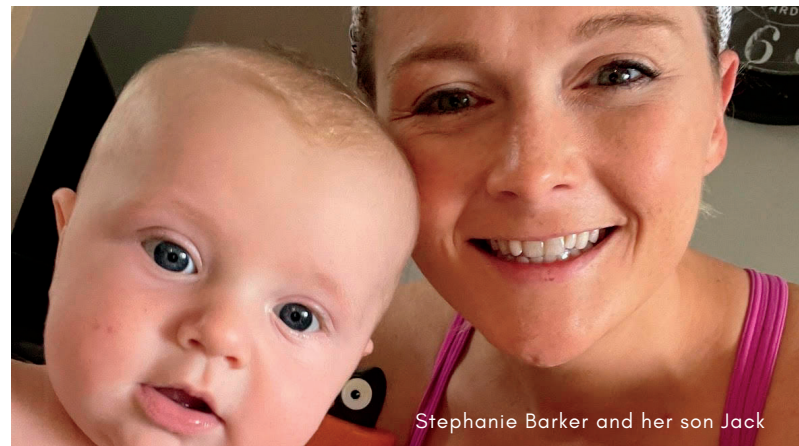
Among this specialized equipment included a Newborn Resuscitation Panda Warmer to oxygenate Jack and

prevent hypothermia, an Intraosseous infusion (IO) needle to navigate around his smaller veins by providing injections directly into the bone marrow, and a Broselow Cart, which uses colour-coded drawers to quickly access the appropriate equipment based on each child's size.

"Beyond excellent care, there was also a personal approach at Uxbridge Hospital that you wouldn't find at a larger hospital. These were my neighbours, some of whom I had known for years. They did everything possible to help us feel comforted, supported and hopeful."

Today, as a healthy five-month-old Jack continues on his road to recovery, what Stephanie feels most is gratitude.

**"It's simple - Uxbridge Hospital helped save my son's life. It is small but mighty, and I'm relieved that these doctors and nurses had the expertise, compassion and tools needed to care for Jack. In an emergency like ours, you aren't looking for the biggest hospital. You're looking for one around the corner, one you can trust to take care of your family. And that's what this hospital will always be to us."**



Stephanie Barker and her son Jack

# GIVING THE GIFT OF GREAT CARE

Your support helps Uxbridge Hospital deliver the high-quality care that our community needs, deserves and expects, right in their backyard. One of the most tangible ways your gift makes an impact - for both our staff and patients - is through equipment. Whether replacing outdated equipment or helping our hospital diversify and evolve the care we offer by acquiring state-of-the-art new technologies, your donations are paving the way for our patients and your neighbours to receive superior health care, close to home.

Here are examples of recent investments you helped us to make:

## Emergency Ventilator:

With Uxbridge's existing emergency department ventilator nearing the end of its lifespan, the hospital needed a backup, particularly as COVID-19 continues to bear down on the province. Thanks to donor support, the hospital added a new Hamilton Vent, a compact portable ventilator with all the functionality of a larger unit. Now with two machines, care providers no longer need to rely on sub-optimal techniques and can more effectively address multiple traumas while cleanly navigating the hospital's limited space.

## Bladder Scanner:

Gathering key diagnostic information early in a patient's journey is vital to guiding care decisions. To this end, Uxbridge mobilized donations to acquire a new bladder scanner, a non-invasive tool that identifies potential urinary concerns, particularly in patients with prostate issues or urinary retention. While the team would have previously employed a catheter from the very start, which is often uncomfortable and can introduce infection, the bladder scanner provides a safe, quick and effective alternative.

Visit [www.oakvalleyhealth.ca/foundations/uxbridge-hospital-foundation/current-needs](http://www.oakvalleyhealth.ca/foundations/uxbridge-hospital-foundation/current-needs) to view our other high-priority equipment needs and learn how you can help us address them with your support.



“While a new hospital facility is our ultimate goal for this community, we also must ensure we are taking the steps necessary to provide the best possible care today. This is why investments in medical equipment and technology are critical. By giving our team the latest-and-greatest tools, we can keep our hospital and the care we provide up to pace with the innovations taking place at larger, urban hospitals.”



SANDI LOFGREN  
Patient Care Director



# LAYING THE FOUNDATION FOR A NEW ERA

Our hospital is fortunate to have had the support of donors like you who recognize our role in the health of the community, or have experienced it either themselves or through their loved ones. However, with our Foundation's most recent campaign dating back nearly 30 years, we are long overdue for a coordinated effort to encourage significant awareness and support for our highest priorities.

As Oak Valley Health works with the Ministry of Health to realize our vision for a new and much-needed hospital that will elevate and expand the level of care we can provide, the moment is quickly approaching to embark on the campaign that will make that vision a reality.

Over the recent months, a group of passionate and dedicated hospital volunteers have come together behind the scenes as our Campaign Steering Committee to start the planning phase of a major campaign. At the same time, a Campaign Cabinet composed of dedicated and passionate community members is also being recruited to help lead, consult and expand our reach. Collectively, these individuals will guide our forthcoming campaign toward success.

We look forward to introducing you to these volunteers shortly and having you join us on this exciting journey to transforming health in the Durham Region.



# SMALL-TOWN HOSPITAL, WORLD-CLASS CARE

As another holiday season approaches, the spirit of giving is alive and well across the communities we serve throughout Durham and York Regions. For Uxbridge Hospital Foundation, our gift to these communities during this season - and all year round - is to sustain the world-class care we provide day in and day out, as well as our steadfast commitment to enabling connected, empowering and efficient patient-centered care for the future.

We are on a mission to build a new Uxbridge Hospital, a multidisciplinary care hub with more essential services delivered in safer, more comfortable, and more vibrant state-of-the-art spaces. It will maximize health, safety, and comfort while maintaining the "small-town" approach we are celebrated for. By raising the funds needed to bring our new hospital to life, we will care for more people, offer more care options, and create a better patient experience.

This is just the beginning though. The impact our new hospital will create is limitless, serving as our gateway to define the future of healthcare right here in Uxbridge. With the support of generous donors like you, our vision will be more than a possibility, it will be a guarantee. The spirit of giving has helped get us to this point, and it will be what continues to take our hospital to new heights for the generations to come.

**"Donor support is the greatest gift we receive, and we are committed to ensuring that your gift is put to good use. It means the world to our staff when we can provide them with the infrastructure and tools they need to do their jobs confidently, and to pass that confidence onto our patients as they trust us with their care. Without your support, this would not be possible.**

**By giving back to Uxbridge Hospital and helping us make essential investments in our operations, you empower us to demonstrate that we are not a small, underequipped facility. We are a thriving, small-town community hospital capable of world-class care with ambitious aspirations for our future - ones we are certain to deliver on with your help. On behalf of myself, our physicians, nurses and staff, our patients and our community, thank you for all that you do to help us realize our vision."**



DR. CARLYE JENSEN  
Chief of Staff

## NEW FOUNDATION STAFF



**Michele Varela**  
*Executive Director*  
Uxbridge Hospital Foundation

As the new Executive Director for the Uxbridge Hospital Foundation, Michele brings over 25 years of experience planning and executing fundraising campaigns for community hospitals. Michele has had the opportunity to work with many passionate and loyal community volunteers and donors. As a strategic leader and champion of innovation, Michele is excited to work with the community to build a new hospital for Uxbridge. Michele lives in Newmarket with her husband and two children and is an avid golfer and skier.



**Heather Goldsmith**  
*Foundation Coordinator*  
Uxbridge Hospital Foundation

Heather is the new Foundation Coordinator for the Uxbridge Hospital Foundation. She has worked in the non-profit community for the past 10 years, coordinating charitable contributions and fundraising events. This experience gave her a deep appreciation for how non-profits seek to improve the quality of life for our region. With her strong sense of devotion for where she grew up and raised her family, she looks forward to working together with the community to help support our new hospital in Uxbridge.

# TRIBUTE LIST *Uxbridge Hospital Foundation gratefully acknowledges memorial gifts received between Nov. 1, 2021 and Oct. 31, 2022 in memory of the following individuals:*

BRUCE DUNCAN ABERCROMBY  
AUDREY ADAMS  
BARBARA BELL  
JUANITA BENSON  
LORI BRIGGS  
RON BROWN  
DAVID BUDGEON  
JEFF CLARK  
SHARON CLARK  
RALPH CRAWFORD  
TERESA CSENGE  
KENNETH DAVIS  
SHEILA DAVIS  
MARY DEBEARE  
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DONALD DUNKELD  
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BEVERLEY FRYZUK  
BARBARA GORDON  
MARY LOUISE GREINER  
WANDA HEISE  
ROSEMARIE HERRELL  
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BRYAN JAMES  
ROSS JAMES  
KURTIS JOHNSON

JEAN JONES  
BILL KEYZERS  
ERNST KLOSE  
DONNA KNOX  
ANGELA KRAMER  
ART LECLAIR  
BOB LEWIS  
GARY MAGILL  
IAN MATHESON  
MARJORIE MATTHEWS  
BUTCH MCCLELLAN  
HELEN MCDUGALL  
JOAN MCNAIR  
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GRACE PARGETER  
JEAN PEARDON  
ROBERT RISEBROUGH  
TRICIA RYZEBOL  
SYLVIA RZADKOWSKI  
PATRICIA TOBY  
CHARLES TRENKA  
SHIRLEY VANCE  
FRED VAN ZEGGEREN  
CINTHIA WALKER  
BURT WATERS  
JUNE WILSON



## THE GIFT THAT KEEPS ON GIVING

Keep our community healthy – today and tomorrow – with a planned gift to Uxbridge Hospital Foundation

Learn how legacy giving through your estate, stocks or securities will benefit you and the Uxbridge Hospital of the future by contacting Michele Varela, Executive Director, at [mvarela@oakvalleyhealth.ca](mailto:mvarela@oakvalleyhealth.ca) or 905-852-9771, ext. 5286.

### UHF BOARD MEMBERS

EXECUTIVE DIRECTOR & BOARD SECRETARY..... MICHELE VARELA  
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MEDICAL STAFF REP..... DR. CARLYE JENSEN  
PRESIDENT & CEO, OAK VALLEY HEALTH..... JO-ANNE MARR  
UXBRIDGE HOSPITAL AUXILIARY REP..... DARRYL TIMS

Support Uxbridge Hospital Foundation by making a donation today.

#### HOW TO MAKE A DONATION

ONLINE AT CANADAHELPS.ORG  
SEARCH: UXBRIDGE HOSPITAL FOUNDATION

BY MAIL P.O. BOX 778 STN MAIN  
UXBRIDGE, ON L9P 1N2

BY PHONE  
IN PERSON



Scan the QR code above to make an online donation via CanadaHelps

#### HOW TO REACH US

OFFICE ADDRESS:  
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